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**Date:** 7/12/04 2:37PM  
**Subject:** Subject: Revised Mandatory Guidelines FR DOCKET 04-7984

I've been a Paruretic (shy-bladder sufferer) almost all my life. I'm now 31 and still have the problem.

Your mandatory guidelines for drug testing in the workplace are discriminatory against people with my condition! Usually the most difficult thing for paruretics daily is simply trying to urinate. Having to take a drug test, while others are monitoring us, only makes our problem worse!

Back in March of 1998, I almost failed at giving a urine test for a new job I had gotten in Atlanta, GA. I've never been so scared because I knew I'd lose the job if I couldn't submit the sample. By a miracle, after 3 attempts and tons of fluid-loading, I was able to go. I've gone hours before trying to urinate in the past with no success. Luckily, I've only had to submit one drug test (no, I do NOT do drugs either). Many people with my condition CANNOT pee no matter what and have to resort to a painful catheter.

PLEASE adjust your rules for people like me with paruresis! This condition is devastating enough; don't make it worse for us. Allow us to live, work, and "try" to enjoy our lives. Unless you have this problem, you'll never know the physical and mental pain with go through daily.

Thank you!

Jay S.  
Charlotte